

SET TALK

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MM003717

(*Massage Message, November/December 2016,*)

The Miracle of Working with Children

Twenty-five years ago I received a call from an osteopath whose three week old daughter had severe torticollis. Physical Therapists and other medical professionals were saying the only answer was multiple surgeries through her first 20 years. The Osteopath heard from a massage therapist that I was doing Cranial/Structural therapy and could possibly help his daughter.

At the time the youngest child I had worked on was a three year old whose coordination had dramatically improved. I arranged to meet with the Osteopath, his wife and his daughter, Brandy, the next morning.

When they arrived with Brandy, their beautiful three week old daughter, it was quite apparent that they absolutely did not want Brandy to go through the trauma of the surgeries that were being proposed and that they would be grateful for anything I could do.

The mother placed Brandy on the table. I had her go to the right side, the direction the daughter could turn her head, and call to her. Brandy turned her head easily and looked at Mom. I then had Brandy's mother go to the left side and call Brandy. Brandy really tried to turn her head but could not pass the midline and immediately showed frustration and struggle trying to turn towards her mother. I had mom go back to the right and I could easily turn Brandy's head to the right. I then had mom go to the left and I was not able to turn Brandy's head past the midpoint. It was obvious that Brandy's torticollis would not let Brandy's head move past the midline going to the left.

I started treating Brandy by very gently holding her cranium, one hand cradling her occiput and the thumb and middle finger of the other hand on the sphenoid. (sphenoid/occipital hold). Knowing that the sphenoid was more cartilage than bone at this point my pressures were extremely light, very different from the pressures I used to release the torsion of the core distortion on thousands of adult heads. I immediately felt an indentation on Brandy's sphenoid on the left. This indentation was only on the left and very obviously was affecting the sphenoid. When I asked Brandy's mother about the birth she said it had been a long difficult birth and Brandy had finally been pulled out with forceps. It was obvious that what I was feeling was an indentation

in Brandy's cranium caused by the pressure of the forceps.

With this information I started moving Brandy's cranium in the directions it moved easily, went to the barrier restriction and very gently waited for a release. I did this through all the ranges of motion that can take place at the Sphenobasilar Synchondrosis (aka SBS) – the joint between the sphenoid and occiput. I was also paying special attention to my thumb that was resting on the left wing of the sphenoid and noticed that with each release the indentation was filling out. I then paid special attention to the torsions working them back and forth until there was full range of motion with no restriction in the right and left torsions. This took around five minutes.

I then asked Brandy's mother to come to Brandy's right side and call to Brandy again. She was somewhat reluctant as she did not believe that in five minutes anything could have changed. I actually had to ask her to humor me and do it anyway. When she called to Brandy from the right Brandy's head easily moved to the right as it had previously done. I then had her go to the left - this was the moment of truth. I had her call Brandy from the left and amazingly Brandy's head easily turned all the way to the left with full range of motion. All the adults in the room were overwhelmed at that moment. Brandy's life had dramatically changed. There was not a dry eye in any of the adults, including me, at Brandy's physical transformation.

Palpation of Brandy's cranium after the treatment revealed that the indentation over the left sphenoid was no longer there. Obviously a major change had taken place at the sphenoid, and the cranial motion was free and unrestricted in all ranges of the SBS.

I saw Brandy two more times on follow up just to make sure she was maintaining the improvements from the first session, which she was. I didn't see Brandy again until she was eight years old when her mother brought Brandy and her brother in for treatment - Brandy for a tune up and her brother to work with some sleep issues. Brandy was doing incredibly well in school and in athletics, and in her own words she was a "kick a... soccer player!" During this checkup I used kinesiology to evaluate her structure for balance and strength and Brandy was exceptional all the way through. It was obvious that the Cranial/Structural Core Distortion Release that had been done on Brandy when she was three weeks old was still balanced and producing superior physical skills.

In addition Brandy was a straight A student and was far ahead of her grade level in everything she was learning.

Her mother asked me if the cranial work had affected this. My answer was that with the improved structural balance she had increased strength, and range of motion so she was more capable of manipulating her environment in her early developmental stages. It is in these stages where IQ is developed by the child through the manipulation of her environment. Her mother was certain that the Cranial/Structural releases had made a significant difference in Brandy's IQ and her success with her academics. Brandy also had not had any injuries playing soccer other than some minor bruises - but no muscle strains, sprains or any other injury of significance. This again was because of her increased structural balance, strength, and flexibility from the early application of the Cranial/Structural Core Distortion Releases (aka CSCDR).

Brandy was the first infant that I treated and was able to track over a period of time. Since Brandy there have been many others including a significant number of autistic children and children with learning disabilities. There have been numerous other children with torticollis who have all dramatically improved with one or two treatments. There have also been numerous children with difficult births who had exhibited challenges in coordination and balance, projectile vomiting, and wandering eye to name a few. All have been dramatically helped and have shown significant improvement.

Another category of children who have been brought to me are children whose parents just want them to have every advantage for success in their lives. The CSCDR brings all the muscles in a child's body into proper lever alignment for strength and coordination. This shows up in almost anything a child does. They are able to perform activities, both mental and physical, more effectively with less stress and more success. Also they will not have many of the physical injuries or limitations that are normal for a child who is in the core distortion with all its imbalances and weaknesses throughout the body. After the CSCDR is applied, as Brandy's history demonstrates, there is an apparent more rapid development in academics and mental activity. There is more awareness and a greater ability to manipulate the environment and perform tasks such as vocabulary development, concentration, math, reading, and logic.

For children who have significant handicaps such as autism and learning disabilities the CSCDR has helped tremendously. After the CSCDR they are less awkward and more coordinated, have better structural balance, have better concentration, and start to develop faster in the areas where they were compromised. Often these improvements are measurable because they are working with specialists in schools who have developed base line

levels of competency and are working for remediation. They notice and can quantitatively show significant improvement at the time that the children are being treated.

The core distortion release can also be released energetically with Cranial/Structural Energetics when children are either too young or too fragile for the hands-on treatment. This has opened doors to work even with children in the neo-natal ICU.

Whenever you have an opportunity to work with a child to release the core distortion you are giving them a head start and a chance at a better quality of life.

If you are interested in working with children and unlocking their potential or remediating significant conditions children have, learning to treat children with the Cranial/Structural Core Distortion Releases or Cranial/Structural Energetics can be hugely effective and rewarding. This not only applies to the children and their parents, but also you the therapist!

Please visit our website for more information – www.StructuralEnergeticTherapy.com. You may also contact me through that site with any questions you may have.

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Core Distortion
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Potential
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